

# TESTIMONIAL

During October, I had spotting for a week or so and were on the look for a doctor. We found a doctor and within two visits she took 2 scans and confirmed that I am not pregnant and gave me medicine to stop the spotting. To my doubtful mind, I was again on a search for a doctor. I was part of a Zumba class and Dr Priyanka too comes there. During a casual chat, she mentioned that she is a gynaecologist and immediately I told her my issue and there we started our journey :). It was confirmed that I am pregnant and the tablets that I took for spotting started to bother me. Dr gave me and my husband complete confidence to continue the journey. Since our previous pregnancy was a stillbirth at 42 weeks, Dr was very cautious and took care of me well. Every time after the hospital/clinic visit, we come out more positive and happy. I used to trouble her with my set of issues like - severe back pain and not able to lie down around 22 weeks, poured boiled milk on my legs and thighs around 28th week, fell down once during my 31st week etc. We had decided to induce around 38 weeks due to the previous history and again the doctor gave us the assurance that the baby will be good and nothing to worry about. Here comes the D-day. I was a bit worried that even after induction if nothing happens we may end up in c section. I was prepared for that. Also, I told my husband, do not to opt for an epidural to see me in pain. The doctor came and induced me around 10.45 in the morning and the baby was born at 11.27 at night. The journey was amazing. Each time when I hear the dilation centimetre, my face will droop and I start to stress. It is Dr who cheers me up saying there is good progress even if it is from 3 to 4 after 5 hours!! That is what you want to hear at that point in time :). We both played music throughout our labour till the baby was born. She came out listening to Hanuman Chalisa :) I had immediate skin to skin contact and I breastfed her. My husband cut my daughter's cord. Thanks to Dr Without her we wouldn't have got such an amazing experience in a hospital set up. My birth partner - my husband. He was such amazing support when it comes to telling you when to breath and to give you a massage during your early labour. During your active labour, he will be your pillar of support. I was literally jumping out of the bed and he was there to support me like a rock. It is an amazing experience for the husband to see you and understand you. It helps you both to bond multifold. Thank you Dr Priyanka for all the support:) You are an inspiration.