

# TESTIMONIAL

My pregnancy journey : (19.7.2020 delivery date) It is after 9 years from my 1st child we have decided on the 2nd one at my age 35. However, I had a lot of doubts and fear in my mind and was checking for multiple doctors in the city. I came to know about Dr. Priyanka Mehta through one of my friends and consulted for the first time during my 60 days of pregnancy. As usual, I was sceptical on my first meeting. With her friendly approach, patiently answering our questions she had comforted me. I slowly gained confidence. In early stages of the first trimester, I had light bleeding and the doctor gave me some medicine and I overcame the problem. She had given instructions to me adhere and I did the same. From 4th month I suffered nerves problem as if I could not get up from bed normally, with her medication and basic exercise I overcame that too! I was highly scared when days are nearing by and still I am not confident! I did not miss any of the consultations even during the corona lockdown!! I started my exercise a little late during my 7th month. The doctor taught me squat exercise, breathing techniques and butterfly, Sumo squat, regular walking for at least 30 mins daily which I practised!! Still, I had my fear and I am not confident!! Had doubt, how this is going to help me? On 18th July evening (38th Week) around 6:45 PM, my water broke called the Doctor and she advised me to get admitted and I got admitted by 8 PM, my fear was high and not sure what is next. Dr Priyanka Ma'am instructed the duty doctor and staff nurse over the phone on the procedures and sharply by eleven o'clock I was induced pain by around 1:30 am Dr Priyanka Ma'am had come to attend me. She was very caring and politely told "Nothing to fear and Nothing to worry" and by 2:18 in early Sunday morning, I was able to have a normal vaginal delivery baby boy who had broken all my fear. Really from the bottom of my heart I wish to extend my humble thanks to our beloved Doctor and Thank you so much for making me such a beautiful and memorable experience. Really I wish to recommend Doctor to my dearest. She is very caring and gave correct advice by listening to our doubts patiently. You made my pregnancy journey a memorable one. As far as I know, Doctor, you are the best! I Pray almighty for giving you enormous strength to continue your good work! There are no words to express still! Thank you so much, Doctor!!